

HAVERFORDWEST SEALS SWIMMING CLUB

CLUB CHAMPIONSHIPS 2010

The Club Championships comprising both short and long distance events is a major highlight in our swimmers calendar and will take place on the following dates:

Long Distance **Friday 12th November 7-9pm** (400 Free, 200 Breast)

Short Distance **Friday 26th November 6-9pm**

(25-100m all strokes and 100 & 200 IM)

Long Distance **Monday 29th November 7-9pm**

(200 Free, 200 Back, 200 Fly)

Age as at 31st December 2010

Please complete your entry on the form below by confirming the Swimmers name, date of birth, age group and the events they want to swim and return WITH PAYMENT (Entry fee £1 per event /Cheques only please made out to 'Haverfordwest Swimming Club') in an envelope marked CLUB CHAMPIONSHIP/SWIMMERS NAME. Envelopes to be given to the swimmers lane coach. Closing date for entries is the **5th NOVEMBER.**

Swimmers Name:		Date of Birth:		Age Group:		
	8 & Under as @ 31 31 DEC	9 yrs as @ 31 Dec	10/11 yrs as @ 31 Dec	12/13yrs as @ 31 Dec	14/15 yrs as @ 31 Dec	Open
Short Distance Events						
25 Fly			N/A	N/A	N/A	N/A
25 Back		N/A	N/A	N/A	N/A	N/A
25 Breast		N/A	N/A	N/A	N/A	N/A
25 Free		N/A	N/A	N/A	N/A	N/A
100IM			N/A	N/A	N/A	N/A
50 Fly	N/A	N/A		N/A	N/A	N/A
50Back	N/A		N/A	N/A	N/A	N/A
50 Breast	N/A		N/A	N/A	N/A	N/A
50 Free	N/A		N/A	N/A	N/A	N/A
100 Fly	N/A	N/A	N/A			
100 Back	N/A	N/A				
100 Breast	N/A	N/A				
100 Free	N/A	N/A				
200IM						
Long Distance Events						
400 Free						
200 Free						
200 Back						
200 Breast						
200 Fly						

PLEASE NOTE:

Confirmed entries will be posted on the club notice board on Wednesday 10th November. Please also remember that we only have half an event without spectators so your commitment to supporting your own swimmer and all of their club mates by cheering them on from the gallery is as important as their efforts and achievements in the water.