

Pembrokeshire County Swimming 'County Performance Squad'
Summer 2010/2011 Season

Isabel Johns
 Carys Thomas [PEMY]
 Niamh Slack
 Hollie Thomas
 Daniel Thomas
 Jordan Harding
 Kelsey Williams
 Michael Hire
 Ross Sutton
 Sam Withers

Hannah Saunders
 Isabelle Davies
 Jonathan Orchard
 Daniel Davies
 Ffion Davies
 Alex Matchett
 Talia Merriman
 *Amelia Davies [Link Morning] [FISHY]
 *Carys Thomas [Link Morning] [FISHY]
 *Megan Withers [Link Morning] [PEMY]

North Training Group

Amelia Davies
 Carys Thomas [FISHY]
 Alice Russell-Stretch
 Ellie Parks
 Dan Picton

South Training Group

Hazel Fox
 Jemma Hurds
 Ashleigh Willars
 Kaityln Hicks
 Nyle Lewis
 Oliver Crawford

Pembrokeshire County Swimming 'County Potential Squad'

Carys Davies [TENY]
 Hazel Fox [TENY]
 Kaitlyn Hicks [TENY]
 Jemma Hurds [TENY]
 Talia Merriman [TENY]
 Ashleigh Willars [TENY]
 Sara Bevan [PEMY]
 Chelsea Woodward [PEMY]

Laura Webber [PEMY]
 Leigh White [PEMY]
 Alice Russell-Stretch [HAVY]
 Mia Webber [PEMY]
 Megan Withers [PEMY]
 Nyle Lewis [PEMY]
 Huw Cooke [HAVY]
 Ben Rees [TENY]

Daniel Picton [PEMY]
 Oliver Crawford [PEMY]
 Ellie Parks [MILY]
 Carys James [FISHY]
 Megan Rogers [PEMY]
 Rachel Mayled [MILY]
 Arabella Hayley [TENY]
 Rowan Kettle [PEMY]

Patrick Bunker [TENY]
 Amelia Davies [FISH]
 Carys Thomas [FISH]
 Emily Sloan [PEMY]
 Kate Sloan [PEMY]
 Luke Dedoncker [TENY]
 Sam Lewis [TENY]

Pembrokeshire County Swimming 'County Skills Squad'

Sara Bevan [PEMY]
 Lucy Harding [HAVY]
 Carys Davies [TENY]
 Hazel Fox [TENY]
 Jemma Hurds [TENY]
 Ashleigh Willars [TENY]
 Carys James [FISY]

Lucy Billing [HAVY]
 Abbie Williams [PEMY]
 Megan Rogers [PEMY]
 Rachel Mayled [MILY]
 Arabella Hayley [TENY]
 Curtis Palmer [PEMY]
 Ellie Parks [MILY]

Alaric Jones
 Huw Cooke [HAVY]
 Ben Mottram [HAVY]
 Ben Rees [TENY]
 Billy Greenwood [TENY]
 Rowan Kettle [TENY]