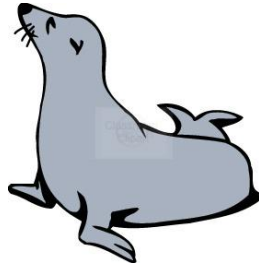


Haverfordwest Seals

Swimming Club



Summer Training Break

- Our last Training will be on Friday 29th July 2011
- There will be no training from Monday 1st August, for two weeks
- Normal training will resume on Monday 15th August 2011